

A MEMBER STORY by Julie Lipke

Okay, so here we are almost to summer and I just wanted to share a few member experiences I've been lucky to overhear or experience. Living in Siskiyou County we are unique in our daily effects from the summer compared to bigger cities and rather than sharing a single member story, I compiled a short list from our Y members. I hope sharing this will make you smile and remember why we are so fortunate to live in such a beautiful and versatile area! Happy Summer!

Top Ten Ways you KNOW Summer is Coming in Siskiyou County...

1. You finally would rather walk the Fitness trail than the treadmill.
2. The weight room temperature actually feels good being cold.
3. Your good lipstick melts in the car for the first time.
4. Just wait 30 minutes and the weather will change again.
5. Your morning traffic jam consists of 100 head of cows being run down the road.
6. You've been asked to donate to the Strong Communities fundraiser to help the YMCA continue offering assistance.
7. Your friends **want** to meet you for early workouts...swim suit season is coming!
8. Our tires are quiet—no more studs
9. Some people plan trips away- you are planning a hike or camping trip here in Siskiyou County.
10. The Siskiyou Family YMCA has a whole new Summer line-up for rafting, fishing, day camps and sport camps!

Summer Programs at the YMCA

Check for Details in the "Y Guide"

	June	July	August	September
YMCA Summer Day Camp	•	•	•	
Family / Private Raft Trips	•	•	•	•
Rock Climbing @ the 'Y'	•	•	•	•
3 on 3 Basketball League—Coed / High School +		•	•	
Challenger Sports—British Soccer Camp	•			
YMCA Mountain Bike Race Series	•			
Volleyball Camp / 6-8 th Grade	•			
Volleyball Camp / High School	•			
Teen Overnight Raft Trip	•			
Basketball Camp / Grades 3-6		•		
Basketball Camp / Grades 7-9		•		
Beginning Fly Fishing Class		•		
USGA Golf Clinics / Beginner Adult		•		
USGA Youth Golf Camp / Beg. – Int.		•		
Kayak Clinic / Beginner		•		
Paintball Adventure—High School +		•		
Dodgeball Tournament—Coed / High School +		•		
USTA Beginning Youth Tennis Camp		•		
USTA Intermediate Youth / Teen Camp		•		
4 on 4 Volleyball League—Coed / High School +				•

With generous support of donors like you, we are able to provide financial assistance to those who qualify and can not afford a YMCA membership or program fee. To seek application for assistance or to donate please contact the Siskiyou Family YMCA.